

WORKSHOP HELD ON 16.01.19 AT PALLAVAN SCHOOL

TOPIC: INTRODUCTION OF FIVE AREAS OF DEVELOPMENT AND ROYAL ACADEMY, BHUTAN

CONCEPT DEVELOPER: MR. ARUN KAPUR

RESOURCE PERSON: MR. RAM DAHAL FROM ROYAL ACADEMY, BHUTAN

A new school culture that refocuses the curriculum to address 5 key areas of development (cerebral, physical, emotional, spiritual and social) and uses innovative methods to assess students, teachers and the school as a whole.

The Royal Academy, a residential school in Bhutan, has developed a holistic curriculum focusing on the 5 Areas of Development. Each area is given equal weighting and the interconnection between all areas is emphasized.

Cerebral development (the academic area) teaches communication, comprehension, critical thinking and curiosity to enhance academic learning.

Physical development focuses on health, fitness and sports.

Social development supports students to get involved in their communities, work towards common goals and understand themselves and others.

Spiritual development is focused on core values, awareness and practice, rather than on a particular religion.

Emotional development encourages learners to pay attention to their emotions in order to identify, understand and express them positively and productively.

Main Points concluded as observation are as under:

- 1. Teachers become aware about these areas of development.**
- 2. Five teachers are needed to implement or to act as the main coordinators to handle each area of development.**
- 3. Road maps or we can say guideline for every individual student must be drawn or planned and must be reviewed to observe student's progress.**
- 4. Main theme is connecting the child or student with the nature and make them able to develop their inner strength.**
- 5. The goal is to help all students actualize their potential.**



Five areas of development

The guiding philosophy of The Royal Academy is based on **Mr. Kapur's** concept of the 'five areas of development', first expressed in his book '**Leading Out**' (2011). The five areas of development (Cerebral, Physical, Social, Emotional and Spiritual) framework endeavors to foster the holistic development of all learners to help them actualize their potential and be leaders in their own rights.

